



Supporting Reservists

Defence Member and Family Support



Reservists and their families can access support from Defence Member and Family Support.

DMFS provides a broad range of support services to the families of Reserve members, particularly when the Reservist employed on SERVOP C (continuous full-time service) or away on deployment or exercise.

24-HOUR SUPPORT FOR FAMILIES

Families of Reservists can seek support, advice or referral any time from the Defence Member and Family Helpline on 1800 624 608. The Helpline operates 24-7 and is staffed by human services professionals including social workers and psychologists.

RESERVISTS ON SERVOP C

The families of Reservists employed on SERVOP C can access DMFS full range of support services, including:

- short-term case work and counselling,
- support for partner education and employment,
- help with childcare and programs and products for children,
- support for special needs dependants,
- assistance with children's education,
- support during deployment and time apart, and
- help in emergency and crisis.

CRITICAL INCIDENT SUPPORT

DMFS provides support for families in times of illness, injury and bereavement, when the emergency occurs while the Reservist is employed on SERVOP C.

STRONG AND SUPPORTED FAMILIES

We also offer services to help families become more resilient, positive and self-reliant.

The SMART suite of programs helps Defence partners and children manage the challenges of the military way of life, including deployment and parental absence, while our local staff can assist you to source and access community resources, groups or services that best suit your needs.

DEFENCE RESERVES SUPPORT

The Defence Reserves Support Council provides support and information for Reservists, including information on aspects of Reserves service such as your rights and responsibilities, education and training, health care and leave arrangements, as well as guidance for balancing study or civilian employment with your service.

1800 803 485



www.defencereservessupport.gov.au

TRANSITIONS SUPPORT

Reservists planning to leave Defence can access transition support through the Directorate of Transition Coaching and support. Transition support services are available to all Reservists who have completed a minimum of one day of continuous full-time service regardless of their SERCAT. Contact the Defence Member and Family Helpline on 1800 624 608 for more information.

Defence Member and Family Support offers a wide range of support services to ADF members and their families.

For more information on this factsheet and other DMFS services visit our website or contact the all-hours Defence Member and Family Helpline.



1800 624 608



memberandfamilyhelpline@defence.gov.au



defence.gov.au/members-families



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